 

Grid of Practices

Collection Template

**ERASMUS+ PROJECT**

**“SKY -** SKills for long term unemploYed”

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SKY Project

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| Project Acronym | SKY |
| Project Title | SKills for Long Term unemploYed |
| Project Call | Partnership for Cooperation in the field of Education and Training - European NGOs (EACEA) |
| Project reference number | 101049264 ERASMUS-EDU-2021-PCOOP-ENGO |
| Project Duration | 01/03/2022 – 28/02/2024 (24 months) |
| Project Coordinator | Comité Européen de Coordination asbl (CEC) |

WP2 – Activity reference

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| Title of Activity | Collection of Practices |
| Title of Deliverable | Methodological Guide of Practices |
| Responsible partner | SCF |

Selection criteria for the Practices

*When chosing the practices, please use the following guiding criteria, defined according to the specific needs of the SKY project. It is not compulsory to fill in all the boxes.*

*This document should be used in association with the report of the Transnational Steering Committee and the definition of micro-training with which it forms a whole (document in annex).*

***Ambition of the SKY project****: to reverse the methodological approach that is the basis of the teaching and training methods generally proposed to people furthest from employment.*

*The aim of the project is to give skills or reveal skills that the target group has without necessarily being aware of them, to value and validate these skills to enter the world of work or to continue in the classical world of training.*

*Micro-training is a practice that makes it possible to achieve this ambition.*

*In order to carry out micro-training, the selected practices should ideally meet the following 5 points (which does not exclude practices meeting less than the 5 points):*

*1. In order to determine the starting level of the Long Term Unemployed (LTU), a skills/experience assessment should be carried out;*

*2. Identification of the delta (the difference) between the person's starting skills and the skills required for a job;*

*2.1 The access of the long term unemployed to the job market– the competences involved (or parts of a competence) have to be linked to a professional activity and/or to employability tasks;*

*3. Identify innovative certification experiences that respond to our bottom-up approach to recognise the skills acquired through micro-training; innovative means that we can value experiences that have already been carried out that do not fit exactly into the classic framework of certification;*

*3.1 Quality assurance methods are in place;*

*4. Describe training experiences that could contribute to the realisation of micro-training courses that meet the delta indicated in point 2;*

*4.1 The micro-training triggers in the beneficiary social and professional reactivation, (re)starting/encouraging the "learning to learn" (again) process;*

*5. Identify the conditions for transferability of experiences to another context or country;*

*5.1 Usability in practice and the transferability of the practice to other SKY partners can be envisaged (specify the pre-conditions);*

*5.2 There is evidence of sustainability (e.g., the practice has been in place for at least one year, it can be measured in terms of efficiency – access to a job....).*

Information on the Practice

*Please complete the following information. It is not compulsory to fill in all the boxes and complete them if relevant and link them to the 5 points presented above.*

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| **Organisation delivering the training** | Fundació Privada Trinijove |
| **Country** | Spain |
| **Title of the practice**  *(or of the larger training/project it belongs to)* | Soft skills for empowerment |
| **Professional Sector of activities**   * *Industy* * *Agriculture* * *IT* * *Tertiary* * *Other* | empowerment |
| **Aim of the practice:**   * *job access (specify the type of job) or* * *restarting of the learning process for the beneficiary* * *entrepreneuship* * *other* | The aim of this good practice is to giving the necessary tools so that people who have been unemployed for a long time, in order to recover their self-confidence, and learn to overcome situations both in their personal lives and in those they will find when looking for work, being able to overcome a job interview as well as once they are working they can handle conflict situations, work as a team, etc. |
| **Target group**   * *(Low-skilled) long term unemployed*   *persons*   * *Apprentices* * *Persons with disabilities* * *Migrants* * *…* | * long term unemployed   persons   * Apprentices * Persons with disabilities * Migrants * Low skilled people * Youngsters in risk of exclusion |
| **Context of the Training**  *Partners involved, requested by the local, regional, national context, partnerships with companies...)* |  |
| **Duration of the Training** | In between 15-30 hours |
| **Contents of the micro-training**  *(the professional context or the practical application of the micro-training; is this micro-learning linked to other micro-trainings?)* | self-knowledge, self-esteem, and personal security  personal brand image  teamwork  conflict resolution  time management  flexibility  assertive communication |
| **Brief description of the training process**  *(professional abilities, pedagogical resources required, teaching/learning methodologies used, etc.)* | the methodology used is very practical and evolves according to the target group. Using role playing exercises the participants learn the abilities and skills of the soft skills. |
| **Evaluation system used**   * *MCQ* * *Pratical exercices* * *Oral test* * *Written test* * *Individual Project Presentation* * *In group presentation* * *Mix of evaluations* * *Other* | * *Mix of evaluations practical exercises* |
| **Premises for transferability**  *Why do you consider this practice to be transferable to different contexts? (in other contexts, for the long term unemployed target, for different targets, in different fields, different actors, etc.)* | This could be applied and transferable to other context and different kind of persons. |
| **Sustainability evidence /positive impacts / results**  *(e.g. access to a job, self-empowerment, etc.)* | We think that this information is essential to be able to enter any job, it is also necessary for people who have not worked for a long time. The companies we work with ask us for people to have this training. |
| **Quality Assurance** [**https://eacea.ec.europa.eu**](https://eacea.ec.europa.eu)   * *Type of QA used* * *Self-evaluation* * *Evidence-based QA* * *other* | Quality system AENOR-IQNET |
| **Link to further information**  *(if applicable) – tools, website, etc.* |  |

Annex

*If applicable please add templates, pedagogical resources (e.g. evaluation grids, questionnaires, guidelines, …) used.*