 

Grid of Practices

Collection Template

**ERASMUS+ PROJECT**

**“SKY -** SKills for long term unemploYed”

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SKY Project

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| Project Acronym | SKY |
| Project Title | SKills for Long Term unemploYed |
| Project Call | Partnership for Cooperation in the field of Education and Training - European NGOs (EACEA) |
| Project reference number | 101049264 ERASMUS-EDU-2021-PCOOP-ENGO  |
| Project Duration | 01/03/2022 – 28/02/2024 (24 months) |
| Project Coordinator | Comité Européen de Coordination asbl (CEC) |

WP2 – Activity reference

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| Title of Activity | Collection of Practices |
| Title of Deliverable | Methodological Guide of Practices |
| Responsible partner | SCF |

Selection criteria for the Practices

*When chosing the practices, please use the following guiding criteria, defined according to the specific needs of the SKY project. It is not compulsory to fill in all the boxes.*

*This document should be used in association with the report of the Transnational Steering Committee and the definition of micro-training with which it forms a whole (document in annex).*

***Ambition of the SKY project****: to reverse the methodological approach that is the basis of the teaching and training methods generally proposed to people furthest from employment.*

*The aim of the project is to give skills or reveal skills that the target group has without necessarily being aware of them, to value and validate these skills to enter the world of work or to continue in the classical world of training.*

*Micro-training is a practice that makes it possible to achieve this ambition.*

*In order to carry out micro-training, the selected practices should ideally meet the following 5 points (which does not exclude practices meeting less than the 5 points):*

*1. In order to determine the starting level of the Long Term Unemployed (LTU), a skills/experience assessment should be carried out;*

*2. Identification of the delta (the difference) between the person's starting skills and the skills required for a job;*

*2.1 The access of the long term unemployed to the job market– the competences involved (or parts of a competence) have to be linked to a professional activity and/or to employability tasks;*

*3. Identify innovative certification experiences that respond to our bottom-up approach to recognise the skills acquired through micro-training; innovative means that we can value experiences that have already been carried out that do not fit exactly into the classic framework of certification;*

*3.1 Quality assurance methods are in place;*

*4. Describe training experiences that could contribute to the realisation of micro-training courses that meet the delta indicated in point 2;*

*4.1 The micro-training triggers in the beneficiary social and professional reactivation, (re)starting/encouraging the "learning to learn" (again) process;*

*5. Identify the conditions for transferability of experiences to another context or country;*

*5.1 Usability in practice and the transferability of the practice to other SKY partners can be envisaged (specify the pre-conditions);*

*5.2 There is evidence of sustainability (e.g., the practice has been in place for at least one year, it can be measured in terms of efficiency – access to a job....).*

Information on the Practice

*Please complete the following information. It is not compulsory to fill in all the boxes and complete them if relevant and link them to the 5 points presented above.*

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| **Organisation delivering the training** | OPIMM - SCF |
| **Country** | Italy |
| **Title of the practice** *(or of the larger training/project it belongs to)* | Soft skills – Active job search |
| **Professional Sector of activities*** *Industy*
* *Agriculture*
* *IT*
* *Tertiary*
* *Other*
 | EmpowermentJob searching |
| **Aim of the practice:*** *job access (specify the type of job) or*
* *restarting of the learning process for the beneficiary*
* *entrepreneuship*
* *other*
 | Giving the participant tools and methods for becoming active and autonomous in self-promotion and job search |
| **Target group*** *(Low-skilled) long term unemployed*

*persons** *Apprentices*
* *Persons with disabilities*
* *Migrants*
* *…*
 | * Long term unemployed persons
* Persons with disabilities
* People who have no previous work experience
* People with social frailties

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| **Context of the Training** *Partners involved, requested by the local, regional, national context, partnerships with companies...)* | The training is one of the activities of “*Insieme per il Lavoro*” (*Together for the Work*), a project which involves private and public partners: a private foundation linked to the local church (giving funds), the local government (municipal and regional administration), vocational training centers, companies… |
| **Duration of the Training** | 8 hours in small group (two sessions of 4 hours) + 1 hour of individual activity |
| **Contents of the micro-training***(the professional context or the practical application of the micro-training; is this micro-learning linked to other micro-trainings?)* | * Analyze personal skills and experiences to build a realistic professional project
* How to write a good CV
* Active job search (methods and tools to individuate job opportunities, respond to online job offers, writing a presentation…)
* Techniques to face a job interview
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| **Brief description of the training process** *(professional abilities, pedagogical resources required, teaching/learning methodologies used, etc.)* | The training is addressed to a small group of max 4 persons.*Professional abilities and pedagogical resources required*:* Ability to bring out participants’ skills
* Good knowledge of the labor market
* Empathy
* Managing the dynamics of a group
* Ability in making exchange of experiences positive for each participant

*Methodologies:*frontal lessonexercises, also with PCsimulationsindividual activitiesAfter the two sessions in small group, the teacher gives some tasks to the participants and after a short time (one or two weeks) the trainer meets each person individually to verify how he/she was be able to put into practice the tools and methods of job search |
| **Evaluation system used*** *MCQ*
* *Pratical exercices*
* *Oral test*
* *Written test*
* *Individual Project Presentation*
* *In group presentation*
* *Mix of evaluations*
* *Other*
 | Practical exercises (individual or in small group)Individual interview to verify the acquisition of methods and strategies indicated (after some time of autonomous activation and application of learned tools) |
| **Premises for transferability** *Why do you consider this practice to be transferable to different contexts? (in other contexts, for the long term unemployed target, for different targets, in different fields, different actors, etc.)* | It is flexible and adaptable to different target of people. |
| **Sustainability evidence /positive impacts / results***(e.g. access to a job, self-empowerment, etc.)* | The training has a positive impacts on participants because contributes to develop soft skills and to increase the self-esteem and the self-confidence. Besides it fosters autonomy and personal activation and this is essential to succeed in accessing in the labor market and to keep the job for a long time  |
| **Quality Assurance** [**https://eacea.ec.europa.eu**](https://eacea.ec.europa.eu)* *Type of QA used*
* *Self-evaluation*
* *Evidence-based QA*
* *other*
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| **Link to further information***(if applicable) – tools, website, etc.* |  |

Annex

*If applicable please add templates, pedagogical resources (e.g. evaluation grids, questionnaires, guidelines, …) used.*